

Richland County Nutrition Program September 2021

Occasionally, it is necessary to make changes in the menus. All meals are served with milk. Please call the meal site for reservations by 1pm at least one day in advance.

| | | | | |
|--|--|---|---|---|
| <p>Richland Center Meal Site Mon.- Fri. Call Tina/Sandi 647-2323; Grab N Go at Richland Center Meal Site available M-W-F Only; Germantown Meal Site – Monday, Wednesday and Thursday(Home Delivered) Congregate (Wednesday Only) – Rita Connors (608) 983-2798; Rockbridge Dining Center M-W-F –Norma Pyfferoen 647-3900 or the meal site 649-3269</p> | | 1 Chicken Alfredo Over Fettuccini Noodles Brussel Sprouts Seasoned Beets Fruit Torte w/Topping | 2 Cream of Mushroom Pork Mashed Potatoes w/Gravy Steamed Broccoli Mixed Fruit WG Dinner Roll Oatmeal Cookie | 3 Spaghetti w/Meat Sauce Buttered Peas/Corn Mixed Greens Salad Garlic Bread Fruit Cobbler |
| <p>6 Labor Day</p> <p>Meal Sites ~CLOSED~</p> | 7 Beef & Barley Soup Turkey & Ham Sandwich Tossed Salad Pineapple Cook's Choice Dessert | 8 Pork Loin Squash w/Brown Sugar Green Beans Cranberry Fluff, WG Dinner Roll, Cookie | 9 Swedish Meatballs Over Buttered Noodles, Salad, Steamed Carrots Sunshine Salad BB Brownie | 10 Swiss Steak w/Gravy Mashed Potatoes California Blend Veggies Pears Gelatin Poke Cake |
| | 13 Sloppy Joes on a Bun Company Potatoes Broccoli Autumn Fruit Salad Reese's PB Bar | 14 Chicken Pot Pie Stew Over a Biscuit Pineapple & Mandarin Oranges Chocolate Cake | 15 Cheeseburger on WG Bun w/ Lettuce, Onion Pickle Spear Vegetable Mac. Salad Fresh Fruit Salad Frosted Pumpkin Bars | 16 Goulash w/Beans & Stewed Tomatoes California Blend Veggies Pears Garlic Bread Frosted Carrot Cake |
| 20 Roast Turkey Rosemary Red Roast Pot. Pickled Beets Peaches Cookie | 21 Hearty Potato Soup Ham & Cheese Sandwich Spinach Salad Fruit Compote BB Brownie | 22 Baked Fish Dill Potatoes Mixed Vegetables Tropical Fruit Cherry Lemon Cake WG Dinner Roll | 23 Lasagna Green & Gold Beans Fresh Fruit Salad Garlic Bread Bread Pudding w/Vanilla Sauce | 24 BBQ Pulled Pork w/Bun Mashed Sweet Potatoes Coleslaw Baked Beans Mixed Fruit Peanut Butter Brownie |
| 27 Kielbasa w/Sauerkraut Mashed Potatoes Cowboy Beans Coleslaw Fruit Crisp w/Topping | 28 Cream of Broccoli Soup Egg Salad/Lettuce Sandwich Tomato Basil Salad Fruit Pie Square | 29 Chicken Cordon Bleu Seasoned Wild Rice Blend Broccoli Seasoned Beets Mixed Fruit Frosted Birthday Cake | 30 Roast Beef Rosemary Roasted Red Potatoes Capri Vegetables Fruited Jell-O w/Topping WG Dinner Roll |  |

All menu items are prepared in kitchens that are not allergen-free. We cannot guarantee that food allergens will not be transferred through cross-contact and thus cannot offer a substitution item.